

SUNDAY

***5 PM Twin Cities CMA**

1430 W 28th Street

Minneapolis, MN 55408

Contact Jesson 214-395-2267

***7:30 PM Life or Meth Squad 1**

2665 4th Ave N, Suite 201

Anoka, MN 55303

Contact: Rich, 763-248-0853

MONDAY

***7:30 PM Life or Meth Squad 6**

2665 4th Ave N, Suite 201

Anoka, MN 55303

Contact: Jim, 612-481-8456

3-4:00 PM INVITING SOLUTIONS

Clare Midtown Building

3405 23rd Ave S

Minneapolis, MN 55407

***Crystal Meth Anonymous -**

Alano Club Menomonie Wisconsin

104 N 21st St

Menomonie, WI 54751

Contact ; 715-441-0137

TUESDAY

***Breaking The Bad KID FRIENDLY**

Alano Society of Minneapolis,

2218 1st ave s.

Minneapolis Mn 55404 7:00pm contact Jason J.

at 612-201-5669

WEDNESDAY

***7:00 PM Other Methods**

170 Maria Avenue

St. Paul, MN 55106

***7:00 PM CMA We Choose To Live**

217 Central Avenue

Faribault, MN 55021

Contact: Scott, 507-210-4704

7:00 PM <5% (Survivors of Meth)

Twin Lakes Alano

4938 Brooklyn Blvd.

Brooklyn Center, MN 55429

Contact: Terry, 612-205-5767

THURSDAY

7:30 PM Life or Meth Squad 3

2665 4th Ave N, Suite 201

Anoka, MN 55303

Contact: Jamie, 763-458-3492

***7:00 PM Ground Zero**

520 N. Robert Street

Downtown, St. Paul, MN 55101

Contact: Elliot 612-323-6103

FRIDAY

6:30 PM No Mething Around

621 Old Main Street N

Cambridge, MN 55088

***7:00 PM Step or Topic**

170 Maria Avenue,

St. Paul, MN 55106

Contact: Brandi . 651-373-0005

SATURDAY

5:00 PM New Brighton Alano

New Brighton Alano Society

2284 County Road I

Mounds View, MN 55112

Contact: Jason 612-743-0514

***6:00 PM CMA Circle of Trust**

1145 Westminster Street

(entrance in back)

St. Paul, MN 55130

Contact: Jay Jay 651-2336851

** Intergroup Registered*

What is Crystal Meth Anonymous?

Crystal Meth Anonymous is a fellowship of men and women who share their experience, strength and hope with each other, so they may solve their common problem and help others to recover from addiction to crystal meth. The only requirement for membership is a desire to stop using. There are no dues or fees for CMA membership; we are self-supporting through our own contributions. CMA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; and neither endorses nor opposes any causes. Our primary purpose is to lead a sober life and carry the message of recovery to the crystal meth addict who still suffers.†

Want to start a new CMA Meeting in MN?

There is help and support for those who are interested in starting new CMA meetings throughout MN

Contact the Minnesota CMA Intergroup for meeting packets, literature, chips, and other information

info@cmamn.org

www.cmamn.org

Meetings and Sponsorship

CMA members share their experience with others seeking recovery. This is done at meeting and in a one-on-one relationship called sponsorship.

At meetings the program of recovery is discussed. All meetings are a safe place to share your experience, listen to others and to meet other recovering addicts. A sponsor is simply another addict, who makes suggestions and answers questions about the program

Step Work

The CMA program is set forth in the 12 Steps. The steps give an addict a program to live life without the use of Crystal Meth or other mind-altering substance. An addict works the steps with a sponsor who shares his or her experiences and makes suggestions along the way

Fellowship

We also share our experiences in a more informal setting called fellowship. Fellowship can include grabbing a bite to eat after a meeting, activities, or be as simple as a few CMA members getting together for coffee.

Service

Service is a commitment taken on a voluntary basis, either within the group or for a particular meeting. It can be as simple as making coffee or helping clean up after a meeting.

MN CMA Intergroup
P.O. Box 331
Anoka, MN 55303
Email: info@cmamn.org
Website: www.cmamn.org



Helpline and Meeting Information Number

612-787-5775

www.cmamn.org